

THE BUILD TEAM NFP

VOLUNTEER REQUIREMENTS

CONSTRUCTION SAFETY RULES

ALL OF OUR SAFETY RULES MUST BE OBEYED, INCLUDING BY
ALL VOLUNTEERS

Volunteer Requirements

1. Complete and Sign Volunteer Agreement — Release of Liability.
2. Arrive when scheduled and sign in and out of project worksite each day.
3. Have experience level determined by onsite project manager, and complete any required additional training.
4. Show respect for privacy and dignity of recipients of Build Team services.

Site Safety Rules — All Workers. Including Volunteers

Construction safety:

1. Appropriate personal safety equipment must be worn as prescribed for each job, such as: safety glasses for eye protection, hard hats at all times within the confines of the construction area where there is a potential for falling materials or tools, gloves when handling materials, safety shoes appropriate to work assignment are necessary for protection against foot injuries, and long pants when roofing.
2. Be sure that all guards are in place. Do not remove, displace, damage, or destroy any safety device or safeguard furnished or provided for use on the job, nor interfere with the use thereof.
3. Do not use power tools and equipment until you have been properly instructed in the safe work methods and become authorized to use them. Never oil, lubricate, or fuel equipment while it is running or in motion,
4. Before servicing, repairing, or adjusting any powered tool or piece of equipment, disconnect it, lock out the source of power, and tag it out.
5. Portable ladders in use shall be equipped with safety feet unless ladder is tied, blocked or otherwise secured. Step ladders shall not be used as a straight ladder. Ladders must extend three feet above landing on roof for proper use, Defective ladders must be properly tagged and removed from service. Keep ladder bases free of debris, hoses, wires, materials, etc.
6. Use only extension cords of the three-prong type. Use ground fault circuit interrupters at all times and when using tools in wet atmosphere (e.g. outdoors) or with any temporary power supply.
7. Never throw anything "overboard." Someone passing below may be seriously injured

8. Know what emergency procedures have been established for your job site. (location of emergency phone, first aid kit, stretcher location, fire extinguisher locations, evacuation plan, etc.)

Personal safety:

1. Protect yourself against sunburn and/or protect against burns from hot materials.
2. Limit smoking to designated smoking area
3. The use of illegal drugs or alcohol or being under the influence of the same on the project is strictly prohibited. Inform onsite project manager if taking strong prescription drugs that warn against driving or using machinery.
4. Do not use a compressor to blow dust or dirt from your clothes, hair, or hands.
5. Never work aloft if you are afraid to do so, if you are subject to dizzy spells, or if you are apt to be nervous or sick.

Medical Safety:

1. Alert the site manager to any medical emergencies or injuries, call 911 if appropriate and contact site manager.
2. Alert the site manager ahead of working if there are any medical conditions that the team should be aware of before working.
3. Keep your tetanus up-to-date when working on construction jobs.
4. Never move an injured person unless it is absolutely necessary. Further injury may result. Keep the injured as comfortable as possible and utilize job site first-aid equipment until an ambulance arrives.
3. Know where firefighting equipment is located and be trained on how to use it.
4. Lift correctly - with legs, not the back. If the load is too heavy GET HELP.
5. Do not enter an area which has been barricaded.